

Top revision tips

1

Start as early as you can

Cramming at the last minute is stressful and has limited success.



2

Make a plan

Work out how much time you have and how long you can spend on each subject.



3

Create a suitable space

Find a quiet spot away from distractions and keep your things all in one place.



4

Use methods best for you

Choose the most appropriate revision methods and try to use a mixture for best results.



5

Take regular breaks

It is possible to work too hard! Your brain needs a rest to help it process information.



6

Revise with a friend

Talking through what you've learned can help information stick.



7

Use past papers

These are a great way of getting used to the exam format and testing what you've learned.



8

Eat healthily

Certain foods boost your brainpower and will make you remember more.



See the podcast at:

<http://www.gcsepod.tv/revision-tips>