

PSHE Schedule

<u>Year group</u>	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
7	Managing transition and new surroundings.	Personal safety including online safety, sexting, grooming & bullying Christmas hampers Food poverty	Fair trade and ethical shopping	Elections and political parties (British values of democracy, free speech, right of protest)	Substance use and misuse including alcohol, energy drinks & OTC medicines	Relationship with self and others. Health Day topics sun safety, spirituality, healthy eating, exercise Health Day 11th June 2017
8	Healthy friendships and relationships including online safety, sexting & grooming	Crime and punishment (British values- criminal justice system) Anti bullying Christmas hampers Elderly care	British values, stereotypes and diversity	Human Rights including FGM as abuse of human rights (British values)	First aid, Mental health including body image & self-esteem CPR training completed on 18th October 2016	Spending and saving. Consumer rights and responsibilities Real game 18th June 2017
9	Healthy relationships including online relationships, online safety, sexting, grooming & bullying Mental health	Anti bullying Parenting Christmas hampers Homelessness	Finance including debt, insurance, tax	Future Options Careers	Substance use & abuse including alcohol, energy drinks, smoking, risk taking and personal life choices.	Enjoying a healthy and active lifestyle including sexual relationships, pornography & contraception LBGTT
10	Healthy relationships including domestic violence, online safety, sexting, grooming & bullying	Anti bullying Body image, pornography values	Dealing with stress and depression.	Dealing with change Resilience Mindset	Diversity in the UK Radicalisation & Extremism	Careers, personal statements Moving on day 3rd July 2017
11	Healthy relationships including online safety, sexting, grooming, consent. Teenage Cancer Trust Sexual Health Healthy relationship day 6th September 2016	Preparation for the future. College & apprenticeship applications	The consequences of substance abuse and misuse. Anti-social behaviour.	Preparing for adult life. Financial pressures of independent living Revision	Exam preparation	